

# Trail Information

## Kennall Vale Nature Reserve: Peaceful valley with an explosive secret!

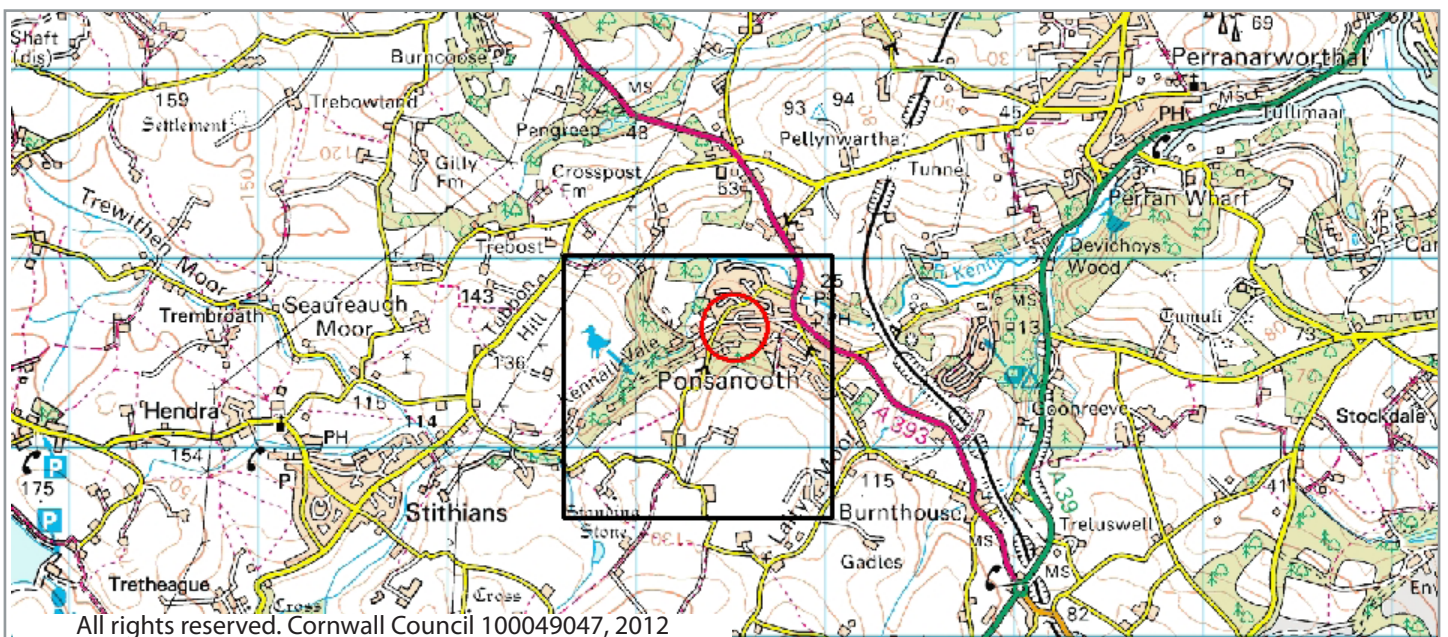
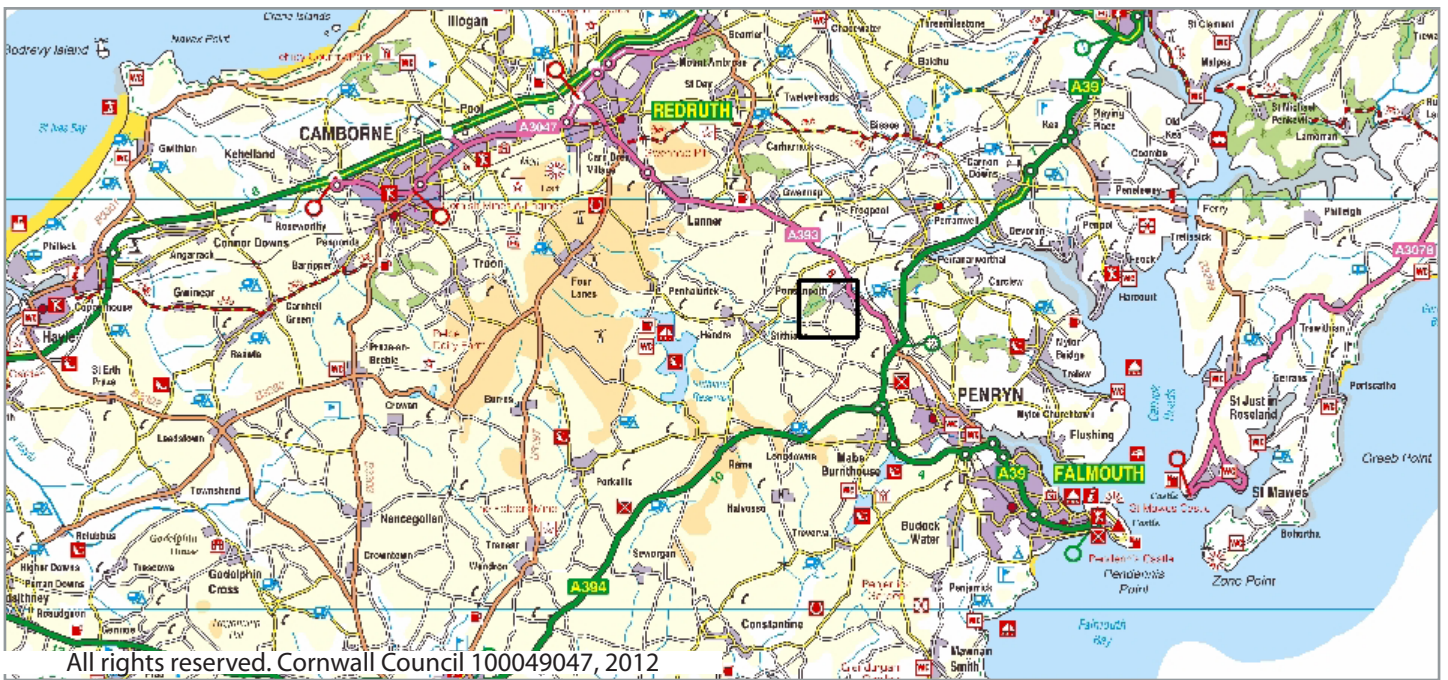


**Approximate trail length**  
1½ km (1 mile)



**Time required**  
Allow 1.5 hours

As you walk through Kennall Vale, a Cornwall Wildlife Trust Nature Reserve, the sounds you're most likely to hear are rushing water, rustling leaves and the songs of woodland birds. But it wasn't always like this...





### Starting point

**OS Explorer Map:** 104 SW 753 375

**Post Code:** TR3 7HJ

**GPS:** 50° 11' 43.57"N  
5° 8' 55.55" S

## How to get there

For all latest public transport information please refer to [www.cornwallpublictransport.info](http://www.cornwallpublictransport.info)

### By train



- 2.5 miles from Perranwell station.
- 2.7 miles from Penryn station.
- 5 miles from Redruth station.

### By car/foot



- Head north from Falmouth towards Ponsanooth on A393. In Ponsanooth, turn left at Post Office. Follow the road and park in the village. It is important that you do not park on the narrow lane in front of the nature reserve entrance.
- **Parking close to the start point is very limited**
- On foot, climb Cot Hill Road. Ignore the grand entrance to Kennall House and keep walking up the hill. The entrance is opposite a White Cottage on your left. On the right is the Old Pottery B&B. Walk up its drive to the entrance of the site.



### By bus

Ponsanooth is the nearest village with a bus service.

- From Truro - Nos. 88 and 500
- From Redruth - No. 41

## About the trail



**Approximate walking time:** Allow 1.5 hours.

**Grade of Walk:** Easy (moderate in places). The trail involves some narrow, steep paths that might be slippery in wet conditions.



**Accessibility:** The trail is suitable for families, but unfortunately not pushchairs or wheelchairs.



**Toilets:** Public toilet facilities are not available.



**Health & Safety:** Please don't climb on the buildings, nor allow children to do so. Keep a safe distance from the river. Be aware that the paths can be waterlogged in wet weather.



**Other trails:** The Poldice audio trail is also in this World Heritage Site area. It is available as a free download from [www.cornishmining.org.uk](http://www.cornishmining.org.uk).



**Facilities:** There are no establishments serving refreshments in the immediate area.

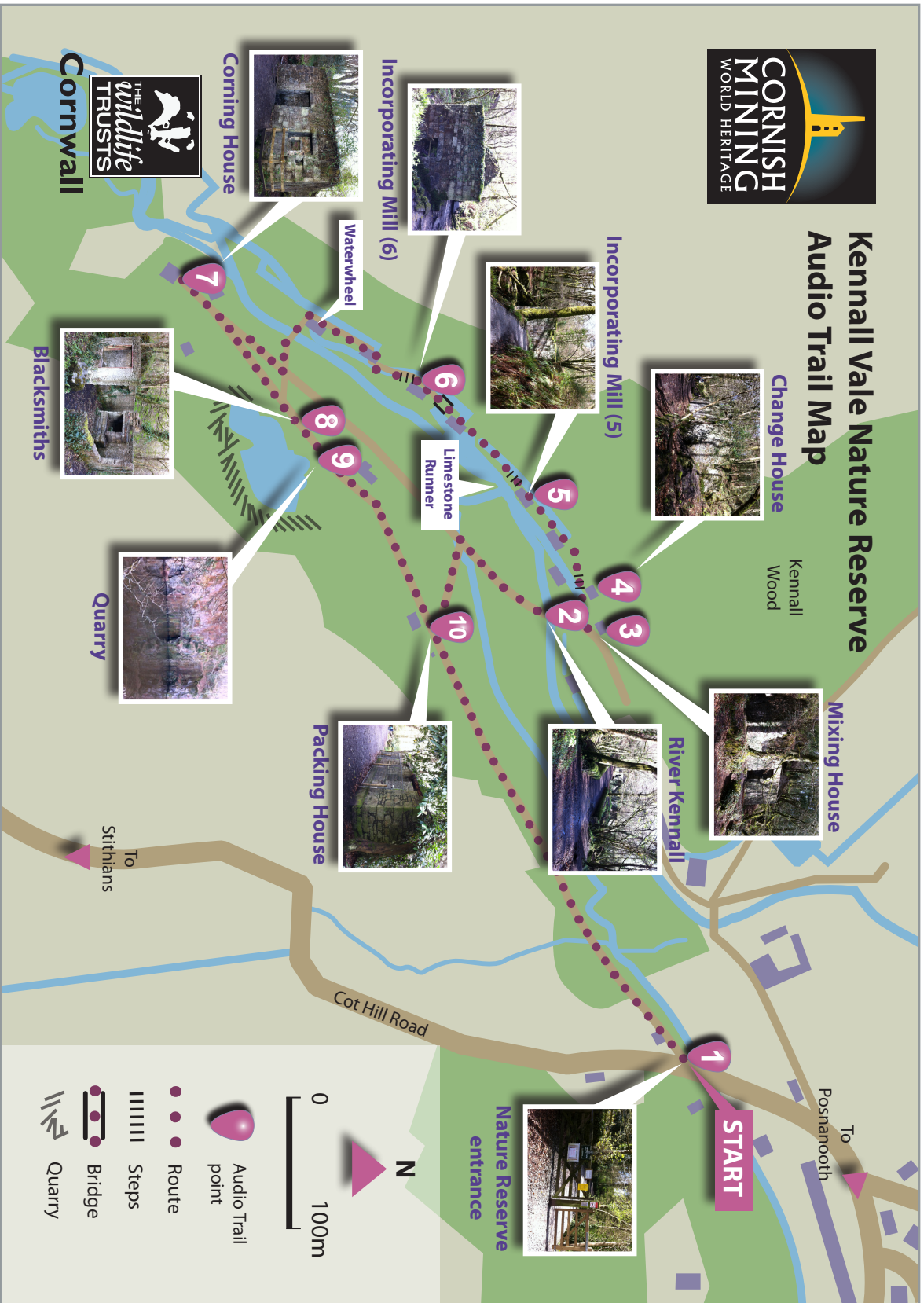


Remember that you can find out more - and see photos - on the Delve Deeper guide available at [www.cornishmining.org.uk](http://www.cornishmining.org.uk). There are also downloadable children's activity sheets to ensure a fun outing for all the family!

**Further information concerning the World Heritage Site:**

Tel: + 44 (0)1872 322586 or [www.cornishmining.org.uk](http://www.cornishmining.org.uk)

# Kennall Vale Nature Reserve Audio Trail Map



Audio Trail point  
 Route  
 Steps  
 Bridge  
 Quarry

